

Valorile funcțiilor trigonometrice în primul cadran :

x	0	$\frac{\pi}{6}$	$\frac{\pi}{4}$	$\frac{\pi}{3}$	$\frac{\pi}{2}$
sinx	0	$\frac{1}{2}$	$\frac{\sqrt{2}}{2}$	$\frac{\sqrt{3}}{2}$	1
cosx	1	$\frac{\sqrt{3}}{2}$	$\frac{\sqrt{2}}{2}$	$\frac{1}{2}$	0
tgx	0	$\frac{1}{\sqrt{3}}$	1	$\sqrt{3}$	/
ctgx	/	$\sqrt{3}$	1	$\frac{1}{\sqrt{3}}$	0

Semnele funcțiilor trigonometrice și monotonia pe cadrane:

x	I	II	III	IV
sinx	+	+	-	-
cosx	+	-	-	+
tgx	+	-	+	-
ctgx	+	-	+	-

x	I	II	III	IV
sinx	↗	↘	↘	↗
cosx	↘	↘	↗	↗
tgx	↗	↗	↗	↗
ctgx	↘	↘	↘	↘

Identități fundamentale

$$\sin\left(\frac{\pi}{2} - x\right) = \cos x$$

$$\operatorname{tg}\left(\frac{\pi}{2} - x\right) = \operatorname{ctgx}$$

$$\sin^2 x + \cos^2 x = 1$$

$$\cos\left(\frac{\pi}{2} - x\right) = \sin x$$

$$\operatorname{ctg}\left(\frac{\pi}{2} - x\right) = \operatorname{tgx}$$

$$\operatorname{tgx} \cdot \operatorname{ctgx} = 1$$

Reducerea la primul cadran

$$II \rightarrow I$$

$$\sin x = \sin(\pi - x),$$

$$\cos x = -\cos(\pi - x),$$

$$\operatorname{tgx} = -\operatorname{tg}(\pi - x),$$

$$\operatorname{ctgx} = -\operatorname{ctg}(\pi - x),$$

$$III \rightarrow I$$

$$\sin x = -\sin(x - \pi),$$

$$\cos x = -\cos(x - \pi),$$

$$\operatorname{tgx} = \operatorname{tg}(x - \pi),$$

$$\operatorname{ctgx} = \operatorname{ctg}(x - \pi),$$

$$IV \rightarrow I$$

$$\sin x = -\sin(2\pi - x)$$

$$\cos x = \cos(2\pi - x)$$

$$\operatorname{tgx} = -\operatorname{tg}(2\pi - x)$$

$$\operatorname{ctgx} = -\operatorname{ctg}(2\pi - x)$$

Formule paritate

$$\sin(-x) = -\sin x$$

$$\cos(-x) = \cos x$$

$$\operatorname{tg}(-x) = -\operatorname{tg} x$$

$$\operatorname{ctg}(-x) = -\operatorname{ctg} x$$

$$\arcsin(-x) = -\arcsin x$$

$$\arccos(-x) = \pi - \arccos x$$

$$\operatorname{arctg}(-x) = -\operatorname{arctg} x$$

$$\operatorname{arcctg}(-x) = \pi - \operatorname{arcctg} x$$

Formule periodicitate

$$\sin(2k\pi + x) = \sin x$$

$$\cos(2k\pi + x) = \cos x$$

$$\operatorname{tg}(k\pi + x) = \operatorname{tg} x$$

$$\operatorname{ctg}(k\pi + x) = \operatorname{ctg} x, \quad k \in \mathbb{Z}$$

Formule pentru sume și diferențe de unghiuri

$$\sin(x + y) = \sin x \cos y + \sin y \cos x$$

$$\sin(x - y) = \sin x \cos y - \sin y \cos x$$

$$\cos(x + y) = \cos x \cos y - \sin x \sin y$$

$$\cos(x - y) = \cos x \cos y + \sin x \sin y$$

$$\operatorname{tg}(x + y) = \frac{\operatorname{tg} x + \operatorname{tg} y}{1 - \operatorname{tg} x \cdot \operatorname{tg} y}$$

$$\operatorname{tg}(x - y) = \frac{\operatorname{tg} x - \operatorname{tg} y}{1 + \operatorname{tg} x \cdot \operatorname{tg} y}$$

$$\operatorname{ctg}(x + y) = \frac{\operatorname{ctg} x \cdot \operatorname{ctg} y - 1}{\operatorname{ctg} y + \operatorname{ctg} x}$$

$$\operatorname{ctg}(x - y) = \frac{\operatorname{ctg} x \cdot \operatorname{ctg} y + 1}{\operatorname{ctg} y - \operatorname{ctg} x}$$

Formule pentru unghiuri duble

$$\sin 2x = 2 \sin x \cos x$$

$$\cos 2x = \cos^2 x - \sin^2 x = 2 \cos^2 x - 1 = 1 - 2 \sin^2 x$$

$$\operatorname{tg} 2x = \frac{2 \operatorname{tg} x}{1 - \operatorname{tg}^2 x}$$

$$\operatorname{ctg} 2x = \frac{\operatorname{ctg}^2 x - 1}{2 \operatorname{ctg} x}$$

Formule pentru unghiuri triple

$$\sin 3x = 3 \sin x - 4 \sin^3 x$$

$$\cos 3x = 4 \cos^3 x - 3 \cos x$$

$$\operatorname{tg} 3x = \frac{3 \operatorname{tg} x - \operatorname{tg}^3 x}{1 - 3 \operatorname{tg}^2 x}$$

$$\operatorname{ctg} 3x = \frac{\operatorname{ctg}^3 x - 3 \operatorname{ctg} x}{3 \operatorname{ctg} x - 1}$$

Formule pentru jumătăți de unghiuri

$$\sin \frac{x}{2} = \pm \sqrt{\frac{1 - \cos x}{2}}$$

$$\cos \frac{x}{2} = \pm \sqrt{\frac{1 + \cos x}{2}}$$

$$\operatorname{tg} \frac{x}{2} = \pm \sqrt{\frac{1 - \cos x}{1 + \cos x}} = \frac{\sin x}{1 + \cos x} = \frac{1 - \cos x}{\sin x}$$

$$\operatorname{ctg} \frac{x}{2} = \pm \sqrt{\frac{1 + \cos x}{1 - \cos x}} = \frac{\sin x}{1 - \cos x} = \frac{1 + \cos x}{\sin x}$$

Formule pentru substituția cu $t = \operatorname{tg} \frac{x}{2}$

$$\sin x = \frac{2 \operatorname{tg} \frac{x}{2}}{1 + \operatorname{tg}^2 \frac{x}{2}} = \frac{2t}{1+t^2}$$

$$\cos x = \frac{1 - \operatorname{tg}^2 \frac{x}{2}}{1 + \operatorname{tg}^2 \frac{x}{2}} = \frac{1-t^2}{1+t^2}$$

$$\text{unde } t = \operatorname{tg} \frac{x}{2}$$

$$\operatorname{tg} x = \frac{2 \operatorname{tg} \frac{x}{2}}{1 - \operatorname{tg}^2 \frac{x}{2}} = \frac{2t}{1-t^2}$$

$$\operatorname{ctg} x = \frac{1 - \operatorname{tg}^2 \frac{x}{2}}{2 \operatorname{tg} \frac{x}{2}} = \frac{1-t^2}{2t}$$

Formule pentru transformarea sumelor în produse

$$\sin x + \sin y = 2 \sin \frac{x+y}{2} \cos \frac{x-y}{2} \quad \sin x - \sin y = 2 \sin \frac{x-y}{2} \cos \frac{x+y}{2}$$

$$\cos x + \cos y = 2 \cos \frac{x+y}{2} \cos \frac{x-y}{2} \quad \cos x - \cos y = -2 \sin \frac{x+y}{2} \sin \frac{x-y}{2}$$

$$\sin x + \cos x = \sin x + \sin \left(\frac{\pi}{2} - x \right) = \sqrt{2} \cos \left(x - \frac{\pi}{4} \right)$$

Formule pentru transformarea produselor în sume

$$\sin x \cdot \cos y = \frac{1}{2} [\sin(x+y) + \sin(x-y)]$$

$$\cos x \cdot \cos y = \frac{1}{2} [\cos(x-y) + \cos(x+y)]$$

$$\sin x \cdot \sin y = \frac{1}{2} [\cos(x-y) - \cos(x+y)]$$

Probleme

1) Arătați că:

a) $\frac{\sin x}{1 + \cos x} = \frac{1 - \cos x}{\sin x}$

b) $2 \sin^2 x - 1 = 1 - 2 \cos^2 x$

c) $(\cos x - \sin x)^2 + (\cos x + \sin x)^2 = 2$

2) Arătați că:

a) $\sin 2x = \frac{2 \operatorname{tg} x}{1 + \operatorname{tg}^2 x}$

b) $\cos 2x = \frac{1 - \operatorname{tg}^2 x}{1 + \operatorname{tg}^2 x}$

c) $\operatorname{tg} 2x = \frac{2 \operatorname{tg} x}{1 - \operatorname{tg}^2 x}$

3) Arătați că:

a) $\sin(x + y) + \sin(x - y) = 2 \sin x \cos y$

b) $\sin(x + y) - \sin(x - y) = 2 \sin y \cos x$

c) $\sin(x + y) + \cos(x - y) = (\sin x + \cos x)(\sin y + \cos y)$

4) Arătați că:

a) $\cos(x + y) + \cos(x - y) = 2 \cos x \cos y$

b) $\cos(x + y) - \cos(x - y) = -2 \sin x \sin y$

c) $\cos(x + y) - \sin(x - y) = (\cos x - \sin x)(\sin y + \cos y)$

5) Arătați că:

a) $\sin(x + y) \cdot \sin(x - y) = \sin^2 x - \sin^2 y$

b) $\cos(x + y) \cdot \cos(x - y) = \cos^2 x - \sin^2 y$

c) $\sin\left(x + \frac{\pi}{2}\right) \cdot \cos\left(x - \frac{\pi}{2}\right) = \sin x \cos x$

6) Arătați că:

a) $1 + \sin 2x = (\sin x + \cos x)^2$

b) $1 - \sin 2x = (\sin x - \cos x)^2$

c) $(\sin x + \cos x)(\sin x - \cos x) = -\cos 2x$

7) Arătați că:

a) $\frac{1 + \cos 2x}{2} = \cos^2 x$

b) $\frac{1 - \cos 2x}{2} = \sin^2 x$

c) $1 - 2 \sin^2 x = 2 \cos^2 x - 1$

8) Arătați că:

a) $\sin^4 x + \cos^2 x = \sin^2 x + \cos^4 x$

b) $\sin^3 x + \cos^3 x = (\sin x + \cos x)(1 - \sin x \cos x)$

c) $\sin^6 x + \cos^6 x = 1 - \frac{3}{4} \sin^2 2x$

9) Arătați că:

a) $\cos x \cos 2x = \frac{\sin 4x}{4 \sin x}$

b) $\cos x \cos 2x \cos 4x = \frac{\sin 8x}{8 \sin x}$

c) $\cos x \cos 2x \cos 4x \cos 8x = \frac{\sin 16x}{16 \sin x}$

10) Arătați că:

a) $(1 + \cos x)(1 - 2 \cos x)^2 = \cos 3x + 1$

b) $(\sin x + \sin 2x)(2 \cos x - 1) = \sin 3x$

c) $(\cos x + \cos 2x)(2 \cos x - 1) = \cos 3x + 1$

11) Arătați că următoarele expresii sunt constante:

a) $E = \cos^2 x (\sin^2 x + \operatorname{tg}^2 x + \cos^2 x)$

b) $E = \sin^4 x + \cos 2x - \cos^4 x$

c) $E = \sqrt{\sin^4 x + 4 \cos^2 x} + \sqrt{\cos^4 x + 4 \sin^2 x}$

12) Calculați :

a) $E = \cos \frac{\pi}{7} \cos \frac{2\pi}{7} \cos \frac{4\pi}{7}$

b) $E = \cos \frac{\pi}{15} \cos \frac{2\pi}{15} \cos \frac{4\pi}{15} \cos \frac{8\pi}{15}$

c) $E = \cos \frac{\pi}{31} \cos \frac{2\pi}{31} \cos \frac{4\pi}{31} \cos \frac{8\pi}{31} \cos \frac{16\pi}{31}$

13) Calculați :

a) $E = \frac{\sin 9^\circ}{\sin 3^\circ} - \frac{\cos 9^\circ}{\cos 3^\circ}$

b) $E = \frac{\sin 18^\circ}{\sin 6^\circ} - \frac{\cos 18^\circ}{\cos 6^\circ}$

c) $E = \frac{\sin 36^\circ}{\sin 12^\circ} - \frac{\cos 36^\circ}{\cos 12^\circ}$

14) Calculați :

a) $E = \sin^2 \frac{\pi}{8} + \sin^2 \frac{3\pi}{8} + \sin^2 \frac{5\pi}{8} + \sin^2 \frac{7\pi}{8}$

b) $E = \cos^2 \frac{\pi}{12} + \cos^2 \frac{3\pi}{12} + \cos^2 \frac{5\pi}{12} + \cos^2 \frac{7\pi}{12} + \cos^2 \frac{9\pi}{12} + \cos^2 \frac{11\pi}{12}$

c) $E = \sin^2 1^\circ + \sin^2 2^\circ + \dots + \sin^2 90^\circ$

15) Calculați :

a) $E = \cos^2 20^\circ \cdot \cos^2 40^\circ \cdot \cos^2 60^\circ \cdot \cos^2 80^\circ$

b) $E = \sin^2 10^\circ \cdot \sin^2 30^\circ \cdot \sin^2 50^\circ \cdot \sin^2 70^\circ$

c) $E = \sin^2 1^\circ \cdot \sin^2 3^\circ \cdot \dots \cdot \sin^2 89^\circ$